Welcome Message

The African Society of Regional Anesthesia is pleased to invite you to the 8th annual conference that will be held at Grand Nile Tower, Cairo 16-17th Jan., 2020.

A dynamic two days will focus on, in depth reviews and analyses of recent advances and state of the art regional anesthesia / analgesia.

In addition to the didactic program, a hands on workshops on ultrasound guided regional blocks (on live volunteers), will be carried out on Friday 17th Jan 2020 with a limited number of attendees on each ultrasound machine giving you a better opportunity in practicing by yourself the most recent regional blocks.

Who should attend Anesthesiologists, pain management practitioners and ER physicians who seek to learn the latest development in regional anesthesia and pain therapy.

Ezzat Samy
Prof. Dr. Ezzat Samy
Conference Chairman

AFSRA Board..

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ESRAPM Egypt president

Maher Fawzy, MD
ESRAPM Egypt S. General

Mohamed Abdel Raoof, MD
ESRAPM Egypt Council member
Welcome Message

Welcome to our 8th annual AFSRA meeting
This year we made all our efforts to bring you the best of what we could
We brought you the 3D modality in our workshops for the first time in
Egypt and North Africa to help making the anatomy more visible to our
workshop attendees. We have got you also the first evolving chronic
pain simulator for the first time outside the United States. This year
also we are pleased to introduce our first AFSRA perioperative point of
care ultrasound (POCUS) teaching.
I wish you a fruitful meeting and enjoyable workshops

Prof. Dr. Amany Ezzat
Secretary General

organized by

AFSRA AFRICAN Society of Regional Anesthesia

in collaboration with

ESRAPM
DAY 1: Thursday 16th Jan 2020

08:30 - 09:30  Registration
09:30 - 10:00  Opening Ceremony

10:00 - 11.30  Session 1: Regional Block
Chairpersons: Ahmed Abd El Razek, Loran Soliman, Maher Fawzy
10:00 - 10:25  Regional Blocks for Acute Pain Management, What the Anesthesiologist Needs To Know
    Loran Soliman, Cleveland Clinic
10:25 - 10:50  Acute Neuropathic Pain after Surgery
    Sahar Ahmed Elkaradawy, Alexandria University
10:50 - 11:15  US Guided Techniques a Better Needling
    Mohamed Mansour, Cairo University
11:15 - 11:30  Discussion
11:30 - 12:00  Coffee Break  ☕️

12:00 - 14:00  Session 2: Ob Gyne Anesthesia
Chairpersons: Inas kamel, Nabil Askalany, Tarek Abd El Bar
12:00 - 12:25  Post Dural Puncture Headache, A New Look At an Old Problem
    Sabri Barsoum, Cleveland Clinic
12:25 - 12:50  Labor Analgesia...in Poor Resource Communities
    Nesrine El Refaie, Cairo University
12:50 - 13:15  Top Ten Tips for a Perfect Epidural
    Sabri Barsoum, Cleveland Clinic
13:15 - 13:40  Regional Anesthesia for the Anticoagulated Patient
           Walid El Hemimy, Cairo University

13:40 - 14:00  Discussion

14:00 - 14:30  Coffee Break

14:30 - 16:00  Session 3: Chronic Pain Neuromodulation
           Chairpersons: Maged El Ansary, Mohamed Abd El Raoof, Rafik Al Alfy
14:30 - 14:55  SCS.. Past, Present, Future
           Mohamed Abd El Raouf, Cairo University
14:55 - 15:20  SCS Our Experience in Royal Medical Service - Jordon
           Mohamed El Shawgfeh, Jordan
15:20 - 15:45  SCS Andfailed Back Surgery Syndrome
           Ali Alshoaiby, Ksa
15:45 - 16:00  Discussion

16:00 - 17:30  Session 4: POCUS with A Live Demo
           Chairpersons: Ashraf Rady, Mohga Samy, Yehia Khater
16:00 - 16:15  POCUS Introduction
           Loran Soliman, Cleveland Clinic
16:15 - 16:40  Perioperative Transthoracic Echocardiography
           Mai Ahmed, Cairo University
16:40 - 17:05  The Sound Of Air: Point-Of-Care Lung Ultrasound
           in Perioperative Medicine
           Ahmed Mukhtar, Cairo University
17:05 - 17:30  Ultrasound assessment of Gastric Content and Volume  
Ahmed Zaghlol, Cairo University

17:30 - 18:30  Lunch with the experts, A scientific discussion  
"Anesthesia for Cesarean Section 20/20: what is new"  
Dr. Sabri Barsoum

DAY 2 : Friday 17th Jan 2020

08:30 - 12:00  Basic Ultrasound Guided Workshop.  
Ob - Gyne Anesthesia Techniques Workshop.

10:00 - 10:30  Coffee Break 🍵

13:00 - 17:00  Advanced Ultrasound Guided Workshop.  
Ultrasound Guided Chronic Pain Intervention Including Musculoskeletal Blocks Workshop.

15:30 - 16:00  Coffee Break 🍵